

## **Aims of Hetty's Input in Prisons.**

- To promote Hetty's model of Confidential Support for families, and demonstrate how specialised support of the family, friend, carer can ultimately be positive for the Drug / Alcohol user.
- To help individuals to explore their participation and involvement in the possible breakdown of family dynamics
- To help individuals begin to challenge and accept some responsibility for their behaviour.
- To raise awareness of family issues and feelings.
- To raise awareness of support and methods of support. Both for families and drug users.
- To promote education and awareness surrounding families choices and decisions to Prisoners and Prison Officers.
- To detract from stereotyping families and / or drug users.
- To provide information and contact numbers where required.
- To provide listening support and information in Visitor Centres for families / friends / carers etc. where requested, depending on individual agreement with individual Prisons. Times and frequency negotiable, funding and workload permitting.